

# Accomac 8 K - Accomac 8 K, 1/2/2010

## Category

Name	Town	Age	Time	Place
<b>Division - Run</b>				
<b>Overall Male</b>				
1. Lockwood, Chuck	York, PA	18	29:21.44	1
<b>Overall Female</b>				
1. Taylor, Aimee	Spring Grove, PA	32	32:33.61	9
<b>1-13 Sub Junior Men</b>				
1. Dunk , Patrick	White Hall, MD	13	44:08.68	103
2. Miller, Kole	York, PA	13	46:41.54	122
3. Gladfelter, Daniel	York, PA	13	50:39.48	147
4. Bryant , Caleb	New Freedom, PA	12	1:00:44.04	162
<b>1-13 Sub Junior Women</b>				
1. Bryant , Chelsey	New Freedom, PA	12	1:00:52.77	163
<b>14-18 Junior Women</b>				
1. WILSON, TUESDAY	York, PA	18	36:28.21	41
2. Le , Christine	Lancaster, PA	17	41:06.97	83
3. COVINGTON, TABITHA	York, PA	18	44:00.85	99
4. Craver, Meagan	Spring Grove, PA	14	47:02.97	127
<b>14-18 Junior Men</b>				
1. Borders , Cody	Hanover, PA	17	33:56.92	16
2. Breighner, Andy	Littlestown, PA	18	35:06.00	25
3. Starr , Daniel	Stewartstown, PA	16	35:26.28	30
4. McCardle , Jesse	Stewartstown, PA	16	42:05.99	90
5. Rose , Ben	York, PA	17	51:07.86	149
<b>19-24 Open Women A</b>				
1. Burkhart, Charity	Lancaster, PA	23	34:58.98	24
2. Langione , Erin	York, PA	23	42:53.74	96
3. Davis, Natalie	York, PA	19	44:10.76	104
4. Glatfelter , Jenna	York, PA	22	49:00.64	141
<b>19-24 Open Men A</b>				
1. Moyer, Tim	York, PA	20	30:24.84	4
2. Sebeck , Sean	Seven Valleys, PA	19	31:27.64	7
3. Johnson, Joel	New Freedom, PA	21	31:59.41	8
<b>25-29 Open Women B</b>				
1. Steinberg , Susan	York Haven, PA	28	36:53.34	44
2. Geiselman , Christine	Mt Joy, PA	26	37:01.71	47
3. McCullough , Amy	Dover, PA	27	37:13.68	50
4. Sandrick, Becky	Dallastown, PA	28	40:37.73	77
5. Reitzel , Kristi	Lancaster, PA	29	46:03.70	117
6. Hardenbrook , Angie	Stewartstown, PA	27	46:29.00	119

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Name	Town	Age	Time	Place
7. Mease , Alyssa	York, PA	27	47:33.68	130
8. Barshinger, Kristine	Manchester, PA	29	1:04:32.10	166
<b>25-29 Open Men B</b>				
1. Hardenbrook , Kyle	Stewartstown, PA	26	29:26.70	2
2. Kleinhaus , Evan	Lancaster, PA	26	34:16.11	18
3. Laughman, Kevin	York, PA	25	34:40.48	21
4. Johnson , Erik	Hanover, PA	27	35:35.35	31
5. Hunter , Travis	Manchester, PA	25	36:10.25	37
6. Gold , Brent	York, PA	28	37:16.94	51
7. Ferree , Lance	Wrightsville, PA	27	38:27.49	63
8. Weismantel, William	York, PA	29	39:42.15	69
9. Fitzsimmons , Colin	York Haven, PA	29	40:44.70	78
<b>30-34 Sub Master Women A</b>				
1. Knothe, Lynn	Wilmington, DE	32	37:25.34	53
2. Roberts, Amy	York, PA	34	37:36.59	56
3. Maxwell, Kellie	Lancaster, PA	31	38:01.41	59
4. Focht, Tara	York, PA	33	44:45.34	110
5. Fontana, Debra	SHREWSBURY, PA	30	47:34.76	131
6. WILEY, STEPHANIE	York, PA	32	48:40.45	138
7. Eisenhart, Yvette	Red Lion, PA	33	58:56.48	160
<b>30-34 Sub Master Men A</b>				
1. Myers, Ryan	York, PA	33	30:28.74	5
2. Jamison, Joshua	York, PA	31	33:33.05	14
3. Fontana , Anthony	SHREWSBURY, PA	30	35:10.64	26
4. Aldinger, Darren	Seven Valleys, PA	30	35:13.20	28
5. Maxwell , Matt	Lancaster, PA	32	37:04.09	48
6. Laucks , Daniel	Spring Grove, PA	30	40:32.14	76
7. Hoffman , George	York, PA	34	41:04.27	81
8. Reitzel , Harry	Lancaster, PA	34	41:50.41	87
<b>35-39 Sub Master Women B</b>				
1. Hodge, Brenda	York, PA	38	39:12.41	66
2. Bryant , Judy	New Freedom, PA	36	39:20.55	67
3. Hall , Patty	York, PA	38	41:03.49	80
4. Griffiths, Diana L.	Lititz, PA	38	41:54.29	89
5. Gladfelter, Amy	Felton, PA	35	44:41.55	109
6. Fortin , Shonda	Mechanicsburg, PA	38	46:56.74	124
7. Ruck, Kelly	York, PA	39	47:02.28	126
8. Fowler , Heather	Woolrich, PA	37	48:29.41	137
9. MILLER, DEANNA	York, PA	39	49:04.31	142
10 Clewell, Amy	Whitehall, PA	35	51:44.60	152
<b>35-39 Sub Master Men B</b>				
1. Krebs, Justin	York, PA	35	32:45.95	11
2. Neff, Matthew	Etters, PA	37	35:10.96	27
3. Bowen, Robert	York, PA	39	35:44.85	33



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Name	Town	Age	Time	Place
4. Roberts , Ed	York, PA	37	36:17.55	38
5. Georg, Jeff	York, PA	39	36:21.68	40
6. TENCARIU, FLORIN	York, PA	35	37:20.44	52
7. Coffman, Adam	Dover, PA	38	38:38.58	64
8. Kennedy , Paul	Lancaster, PA	38	45:23.76	114
9. Paladina, Jeff	New Cumberland, PA	37	46:37.48	121
10 SMITH, ERIK	York, PA	38	48:27.40	136
<b>40-44 Master Women A</b>				
1. Stirk, Patti	York, PA	44	40:09.69	74
2. Evans, Lori	Manchester, PA	41	50:04.05	145
3. Snyder , Jane	York, PA	43	51:30.19	150
<b>40-44 Master Men A</b>				
1. Melh, Roy	Harrisburg, PA	43	32:36.45	10
2. Ducker , Charles	York, PA	44	33:11.94	12
3. Lewis , Philip	York Haven, PA	42	33:59.34	17
4. Friedland, Brian	York, PA	43	34:29.21	19
5. McMaster , Joseph	Dover, PA	44	35:43.44	32
6. Howe, Tom	Lancaster, PA	43	35:49.93	34
7. Walker , Glenn	York, PA	40	36:58.15	45
8. Jodon, Sam	Dillsburg, PA	41	39:05.87	65
9. Bowman, Gary	Quarryville, PA	43	41:51.85	88
10 O'heren, Kevin	York, PA	41	42:16.74	92
<b>45-49 Master Women B</b>				
1. Clinton , Mary	Wrightsville, PA	46	41:16.73	84
2. Snyder, Chris	Harrisburg, PA	45	42:12.40	91
3. Hartman, Anita	Spring Grove, PA	49	44:03.08	100
4. Sanders , Lisa	Lancaster, PA	45	44:49.02	111
5. Persing, Dawn	BROGUE, PA	49	48:44.50	139
6. Lockwood , Teresa	York, PA	45	50:28.06	146
7. Kraft, Carol	York, PA	49	50:43.74	148
8. Barr, Cindy	York, PA	46	54:50.47	155
9. Masco, Michelle	Red Lion, PA	47	1:04:34.29	167
<b>45-49 Master Men B</b>				
1. Rayburn, James	York, PA	48	31:00.05	6
2. Roche , Jim	Lancaster, PA	48	33:13.71	13
3. Rizzardo, Dave	Jacobus, PA	49	34:32.89	20
4. Rose, Todd	York, PA	48	35:19.55	29
5. Hines, Jeff	York, PA	48	35:53.45	35
6. Oberholtzer , Kevin	Mt Joy, PA	47	36:01.86	36
7. Smith , David	Glen Rock, PA	45	36:18.98	39
8. Revesz, Andras	York, PA	47	36:59.34	46
9. Reimold, Keith	Spring Grove, PA	46	37:33.67	54
10 Ward, Mark	Columbia, PA	49	37:46.13	58



**Category**

<b>Name</b>	<b>Town</b>	<b>Age</b>	<b>Time</b>	<b>Place</b>
<b>50-54 Senior Women A</b>				
1. Wright, Sue	Harrisburg, PA	50	40:18.35	75
2. Hess, Laurel	Lititz, PA	52	40:50.89	79
3. HORNOCK, PENNY	Red Lion, PA	52	43:47.88	98
4. Joines , Sue	Felton, PA	54	45:13.34	113
5. Schuessler, Lynn	York, PA	54	46:32.38	120
6. Stoltzfus , Nancy	Parquesburg, PA	51	46:52.11	123
7. Saikia, Patricia	Red Lion, PA	50	46:58.77	125
8. Bowers, Cindra	Airville, PA	54	58:57.77	161
9. Davis , Laura	York, PA	50	1:03:12.91	165
<b>50-54 Senior Men A</b>				
1. Cauller, Greg	York, PA	50	30:20.79	3
2. Moyer , Doug	York, PA	50	33:48.57	15
3. Pobgee, Doug	York, PA	54	34:44.45	22
4. Crosset, John	York, PA	53	34:45.68	23
5. Osladil, Michael	Hanover, PA	53	36:43.25	43
6. Spangler, Carl	Lititz, PA	50	37:38.44	57
7. Haun, James	Strasburg, PA	53	38:12.87	60
8. Zeigler, Scott	Seven Valleys, PA	53	39:48.54	70
9. Szymanski , Ken	Bel Air, MD	51	41:04.81	82
10 Deller , Jeffrey	Dallastown, PA	51	41:38.40	85
<b>55-59 Senior Women B</b>				
1. Meyer, Sue	York, PA	57	46:22.47	118
2. Ward, Rose	Columbia, PA	58	56:46.89	158
<b>55-59 Senior Men B</b>				
1. KRAUSS, MICKEY	Seven Valleys, PA	59	37:34.77	55
2. Cheffins , Tom	Carlisle, PA	55	39:50.15	71
3. Ball, Michael	Wellsville, PA	56	41:42.34	86
4. Griffith , Joe	Red Lion, PA	57	43:27.11	97
5. Kuntz, Brian	Spring Grove, PA	57	48:21.60	134
6. Leckrone, Ed	York, PA	55	49:43.56	144
7. Kohr, Doug	York, PA	58	55:23.78	156
8. Harman, Harry	York, PA	58	1:04:36.00	168
<b>60-64 Senior Women C</b>				
1. Clawser, Clair	Campbelltown, PA	64	1:02:23.87	164
<b>60-64 Senior Men C</b>				
1. Farrah, Steve	Lancaster, PA	64	36:36.66	42
2. Lecates, Edward	York, PA	64	37:06.89	49
3. Bell, Les	York, PA	62	40:08.45	73
4. Palks, Jon	Bowie, MD	60	42:23.98	93
5. Neff, Sam	Red Lion, PA	60	44:07.24	102
6. Darr, Hal	York, PA	61	44:16.74	106
<b>65-69 Senior Men D</b>				
1. Bushey, Milton	York, PA	67	45:44.36	116



Category

Name	Town	Age	Time	Place
2. Northrup, John	MECANICSBURG, PA	65	47:31.94	129
3. Faulkner, Thomas	Dover, PA	67	53:41.45	153
4. Shar , Phlip	York, PA	66	56:04.08	157