

**Race Awards for
Spring Valley 4 Mile 12/1/2013 Spring Valley 4 Mile**

Award Winner	XAge	HomeTown	Pts	PI	Time
Run					
1-13 Sub Junior Women					
1. Grace Raezer	F13	Harrisburg PA	10	125	33:15.66
2. Emily Neff	F12	Etters PA	9	156	35:29.35
3. Carleigh Roche	F12	Lancaster PA	8	202	38:28.39
4. Kaylee Gorsegner	F8	York PA	7	266	45:20.15
5. Jazmyn Lakatosh	F9	Red Lion PA	6	282	50:13.11
6. Izabella Lakatosh	F8	Red Lion PA	5	293	01:01:23.87
1-13 Sub Junior Men					
1. Zachary Schucker	M13	Lancaster PA	10	24	26:58.76
2. Jordan King	M13	York PA	9	54	28:30.31
3. Timmy Buzynski	M13	York PA	8	56	28:42.60
4. Shawn Neff	M13	Etters PA	7	68	29:38.41
5. Matt Julian	M13	Washington Boro P	6	97	31:48.09
6. Shea Fisler	M11	Dillsburg PA	5	102	32:05.01
7. Noah Johnson	M12	Hanover PA	4	142	34:31.18
8. Nick Oster	M13	Lancaster PA	3	144	34:39.35
9. Noah Greiner	M11	York PA	2	162	35:52.57
14-18 Junior Men					
1. Benjamin Linne	M16	York PA	10	1	22:51.77
2. Tyler White	M16	York PA	9	4	24:07.29
3. Jacob Wescott	M17	Delta PA	8	7	24:43.17
4. Julian Rivera	M18	Parkton MD	7	8	24:48.26
5. Dillon Wescott	M17	Delta PA	6	9	24:59.70
6. Joshua Breighner	M17	Dallastown PA	5	16	26:06.74
7. Josh Moyer	M17	York PA	4	18	26:26.90
8. Jacob McKenzie	M17	Dover PA	3	20	26:32.77
9. Brody McElwain	M15	York PA	2	21	26:44.67
10. Connor Hayden	M16	York PA	1	22	26:45.78
11. Jacob Montgomery	M14	York PA	0	28	27:03.25
12. Alexander Seaforth	M15	Mount Wolf PA	0	30	27:10.74
13. Justin Sweitzer	M16	Glen Rock PA	0	34	27:31.52
14. Jonathan Altland	M17	Dover PA	0	39	27:49.44
15. Dylan Shue	M17	York PA	0	41	27:52.62
16. Benjamin Anderson	M17	Dillsburg PA	0	55	28:41.43
17. Timothy Streb	M15	Mount Wolf PA	0	71	29:42.19

Award Winner	XAge	HomeTown	Pts	PI	Time
18. Parkes Harman	M14	Dover PA	0	105	32:17.88
19. Connor Daugherty	M18	York PA	0	111	32:28.44
14-18 Junior Women					
1. Brooke Buzynski	F15	York PA	10	44	27:58.26
2. Paige Hartman	F14	York PA	9	57	28:43.54
3. Bethany Weaver	F15	York PA	8	82	30:54.11
4. Elizabeth DiBiase	F17	Dallastown PA	7	83	31:04.35
5. Emma Fislser	F14	Dillsburg PA	6	85	31:11.14
6. Anneka Helsabeck	F16	York PA	5	100	31:57.19
7. Taylour Mauro	F18	York PA	4	118	32:50.55
8. Maddie Warntz	F17	York PA	3	119	32:55.91
9. Olivia Sollenberger	F16	Wrightsville PA	2	188	37:41.60
10. Sarah Floyd	F17	York PA	1	214	39:50.70
11. Abby Julian	F15	Washington Boro P	0	231	41:31.64
12. Hannah Motter	F18	Lancaster PA	0	254	43:33.44
19-24 Open Women A					
1. Morgan Lutz	F20	Gettysburg PA	10	126	33:16.23
2. Michael Paul	F24	York PA	9	242	42:12.94
3. Andrea Sabocsik	F22	York PA	8	272	48:10.45
19-24 Open Men A					
1. Ned Einsig III	M19	York PA	10	14	25:51.21
2. Murray Bechtel	M22	Littlestown PA	9	38	27:45.18
3. Eric Miller	M22	York PA	8	53	28:28.86
4. Nathan Kuhns	M19	Lancaster PA	7	74	30:08.29
25-29 Open Women B					
1. Nicole Blascovich	F28	New Cumberland P	10	78	30:40.48
2. Lauren Rooney	F27	York PA	9	149	35:00.68
3. Erin Langione	F27	York PA	8	167	36:27.17
4. Andrea Lazarus	F28	York PA	7	174	36:48.84
5. Katie Smith	F25	White Hall MD	6	186	37:32.20
6. Jennifer Kelley	F29	Wrightsville PA	5	243	42:24.95
7. Nichole Henise	F26	York PA	4	252	43:16.79
8. Shannon Hahn	F26	York PA	3	279	49:49.95
9. Kristen Segasser	F25	York PA	2	285	52:34.94
10. Melanie Musselman	F26	Hanover PA	1	286	54:50.80
25-29 Open Men B					
1. Andrew Friesema	M25	York PA	10	2	23:41.68
2. Michael Manlove	M29	Dallastown PA	9	40	27:51.45

Award Winner	XAge	HomeTown	Pts	PI	Time
3. Scott Jensenius	M28	Mount Wolf PA	8	46	28:08.29
4. John Frey	M26	York PA	7	48	28:13.14
5. Tom Werner	M28	White Hall MD	6	73	29:53.39
6. Mark Orison Jr.	M25	Dover PA	5	76	30:21.84
7. Derek Christensen	M29	York PA	4	141	34:29.59
8. Brent Koontz	M29	Manchester PA	3	152	35:09.03
9. Charles Jumper	M29	Harrisburg PA	2	160	35:46.07
10. James Rackson	M25	York PA	1	241	42:11.45

30-34 Sub Master Women A

1. Charlene Smith	F30	Mt Joy PA	10	23	26:55.50
2. Laura Bair	F34	York PA	9	75	30:13.24
3. Jessica Snell	F30	Spring Grove PA	8	88	31:27.04
4. Christina Ulsh	F32	York PA	7	140	34:28.05
5. Emily Payne	F32	Dallastown PA	6	143	34:34.35
6. Christina Dehoff	F33	Dover PA	5	147	34:51.28
7. Jessica Sherlock	F31	Harrisburg PA	4	180	36:55.14
8. Kristi Riley-Platt	F32	York PA	3	190	37:45.85
9. Alyssa Mease	F31	York PA	2	205	38:42.24
10. Alesha Smith	F31	York PA	1	207	38:57.01
11. Alissa Miller	F34	Red Lion PA	0	211	39:16.99
12. Alyssum Staner	F31	Manchester PA	0	221	40:38.86
13. Shannon Waalker	F33	Dover PA	0	222	40:40.02
14. Mandy Schlegel	F31	Columbia PA	0	236	41:46.08
15. Jill Coon	F33	Mount Wolf PA	0	237	41:54.94
16. Tracey Crowl	F34	York PA	0	240	42:01.80
17. Michelle Lazarus	F34	Hershey PA	0	247	42:54.34
18. Erica Warren	F31	York PA	0	259	44:03.75
19. Heather Callaghan	F31	Dover PA	0	260	44:21.07
20. Amy March	F33	York PA	0	262	44:23.25
21. Abigale Koontz	F31	Manchester PA	0	267	45:45.18

30-34 Sub Master Men A

1. Eric Wolfgang	M31	York PA	10	3	23:51.57
2. Brandon Miller	M34	Red Lion PA	9	11	25:08.11
3. John Walton	M31	Lancaster PA	8	17	26:19.07
4. David Lynch	M32	York PA	7	19	26:28.14
5. Jordan Miller	M30	York PA	6	29	27:08.87
6. Andrew Platt	M31	York PA	5	66	29:35.17
7. Erik Johnson	M31	Hanover PA	4	81	30:50.44
8. Brett Dunklebarger	M33	York PA	3	90	31:30.21
9. Logan Tarleton	M33	Mechanicsburg PA	2	92	31:36.39

Award Winner	XAge	HomeTown	Pts	PI	Time
10. David Garland	M34	York PA	1	108	32:23.55
11. Michael Ulsh	M32	York PA	0	130	33:42.04
12. Brandon Bair	M33	York PA	0	170	36:43.07
13. Daniel Topper	M30	York PA	0	218	40:14.75
14. Nathan Elliott	M31	York PA	0	229	41:05.85
15. Brett Callaghan	M31	Dover PA	0	232	41:37.95

35-39 Sub Master Men B

1. Eric Sollenberger	M37	Wrightsville PA	10	13	25:31.61
2. Matt Creacraft	M38	Delta PA	9	26	27:00.95
3. Donald Emig	M35	Thomasville PA	8	31	27:12.15
4. Chad Smith	M35	Mt Joy PA	7	32	27:20.79
5. Jonathan Gable	M35	York PA	6	43	27:57.63
6. Justin Bucks	M36	York PA	5	49	28:16.04
7. Timothy Beaver	M38	York PA	4	51	28:22.45
8. Tom Eitz	M36	Hanover PA	3	59	28:53.20
9. Neal Barnaba	M35	Spring Grove PA	2	84	31:05.54
10. Tim Krone	M38	Felton PA	1	89	31:28.02
11. Shawn Dehoff	M38	Dover PA	0	96	31:46.47
12. Reginald Stelfox	M38	Dover PA	0	127	33:18.17
13. Elam Glick	M36	Lancaster PA	0	134	34:09.39
14. Kevin Brady	M39	Perry Hall MD	0	153	35:13.81
15. Dwayne Malone	M37	York PA	0	169	36:34.58
16. Michael Reiner	M36	York PA	0	179	36:53.47
17. Doug Brenneman	M39	York PA	0	182	36:59.17
18. Brian Rainey	M35	Mechanicsburg PA	0	198	38:22.48
19. Jeff Coon	M36	Mt. Wolf PA	0	204	38:40.38
20. Eric Lakatosh	M36	Red Lion PA	0	281	49:58.01

35-39 Sub Master Women B

1. Lynn Knothe	F36	Wilmington DE	10	63	29:22.37
2. Megan Dodson	F37	York PA	9	72	29:44.03
3. Brady Crone	F39	York PA	8	87	31:21.06
4. Michelle Hiscox	F36	York PA	7	98	31:49.21
5. Billie Jo Heistand	F35	Wrightsville PA	6	99	31:56.16
6. Karen Lam-Duckett	F35	York PA	5	107	32:22.47
7. Yvonne Hare	F38	York PA	4	120	32:59.32
8. Amanda Stickler	F35	Wrightsville PA	3	159	35:44.96
9. Jamie Gorseger	F35	York PA	2	177	36:52.25
10. Courtney Brenneman	F37	York PA	1	217	40:13.44
11. Olga Fernandez Solivan	F37	York PA	0	227	41:01.52
12. Michelle Salony	F36	York PA	0	234	41:41.08

Award Winner	XAge	HomeTown	Pts	PI	Time
13. Lisa Hall	F39	York PA	0	257	43:43.48
14. Elizabeth Taylor	F35	Hanover PA	0	258	44:01.62
15. Stephanie Fulton	F37	Dover PA	0	261	44:22.37
16. Stacie Gault	F37	Mt. Wolf PA	0	264	44:52.52
17. Kelly Kotchish	F35	Red Lion PA	0	275	48:17.38
18. Tina Ort	F39	York PA	0	277	49:21.79
19. Lindsey Graves	F36	Hanover PA	0	290	59:02.96
20. Jamie Markle	F38	Dover PA	0	291	01:00:26.95
21. Cathy Moritz-Lakatosh	F39	Red Lion PA	0	294	01:01:43.58

40-44 Master Men A

1. Evan Sandt	M44	Conestoga PA	10	5	24:18.74
2. Matt Neff	M40	Etters PA	9	10	25:06.89
3. Bob Breighner	M44	Dallastown PA	8	25	27:00.25
4. Michael Hayden	M43	York PA	7	27	27:02.27
5. Joe Freed	M42	York PA	6	36	27:40.09
6. Jim Pflieger	M43	Glen Rock PA	5	37	27:42.78
7. Andrew Fisler	M41	Dillsburg PA	4	50	28:21.24
8. Ben Hooper	M44	York PA	3	62	29:19.96
9. Brian Pew	M40	York PA	2	69	29:40.74
10. Adam Coffman	M42	Dover PA	1	70	29:41.53
11. Christian White	M42	York PA	0	79	30:43.65
12. Richard Miller	M44	Spring Grove PA	0	116	32:41.75
13. Eric Greiner	M43	York PA	0	124	33:13.78
14. Greg Oster	M40	Lancaster PA	0	145	34:40.61
15. James Lang	M43	York PA	0	155	35:25.68
16. Chad Shaw	M41	York PA	0	165	36:14.02
17. Jesper Thune	M41	York PA	0	249	43:06.05

40-44 Master Women A

1. Brenda Hodge	F42	York PA	10	35	27:33.58
2. Michaele Rayburn	F42	York PA	9	61	29:13.38
3. Jennifer Fisler	F41	Dillsburg PA	8	122	33:08.82
4. Michelle Peters	F41	Manchester PA	7	128	33:26.89
5. Diana Griffiths	F42	Lititz PA	6	138	34:24.86
6. Denise Tushingam	F43	Hanover PA	5	148	34:58.75
7. Sabine Schwarz	F42	Lancaster PA	4	161	35:51.33
8. Mindy Noll	F40	York PA	3	163	35:56.36
9. Kelly Pepper	F44	Dallastown PA	2	176	36:51.76
10. Amy Warntz	F44	York PA	1	183	37:02.74
11. Angie Neff	F40	Etters PA	0	189	37:42.65
12. Natalie Oster	F40	Lancaster PA	0	194	37:56.26

Award Winner	XAge	HomeTown	Pts	PI	Time
13. Theresa Kwayi	F44	Hampstead MD	0	200	38:23.83
14. Claudia Thune	F41	York PA	0	203	38:31.41
15. Kim Koncsol	F43	York PA	0	208	38:59.56
16. Kirra Barnes	F44	York PA	0	216	40:11.14
17. Sheri Karan	F41	Dover PA	0	220	40:38.01
18. Rachel Evans	F43	Manchester PA	0	230	41:20.59
19. Susan Amspacher	F44	Red Lion PA	0	239	41:58.38
20. Janet Hartman	F44	York PA	0	244	42:38.93
21. Deb Gantz	F43	Spring Grove PA	0	248	43:01.17
22. Billie Falcone	F42	Dover PA	0	273	48:13.60
23. Nina Kenney	F42	Dallastown PA	0	278	49:23.67
24. Kathleen Benefiel	F42	York Haven PA	0	284	50:44.11
25. Marie Clark	F43	Dover PA	0	292	01:00:35.03

45-49 Master Men B

1. Tim Abbey	M46	Elizabethtown PA	10	12	25:11.14
2. Dave Haight	M48	York PA	9	45	27:58.89
3. Dave Tushingam	M45	Hanover PA	8	47	28:09.60
4. Ken Loucks	M45	York PA	7	58	28:52.35
5. Ed Linne	M48	York PA	6	65	29:33.30
6. Eric Fisler	M45	Mechanicsburg PA	5	67	29:36.34
7. Jim Drumm	M49	Lancaster PA	4	77	30:37.68
8. Jeffrey Shue	M49	York PA	3	94	31:40.27
9. Robert Bievenour	M47	York PA	2	101	31:59.65
10. Eric Koehler	M46	Lancaster PA	1	106	32:21.11
11. Greg Markiewicz	M48	Shrewsbury PA	0	114	32:32.95
12. Matthew Warntz	M45	York PA	0	133	34:03.35
13. Brett Pfeleiger	M49	Dover PA	0	136	34:21.89
14. Bryan Dewease	M46	East Berlin PA	0	150	35:01.95
15. Jake Rivera	M49	Parkton MD	0	158	35:35.57
16. Chris Laudo	M45	Strasburg PA	0	171	36:43.63
17. Joe Piro	M49	York PA	0	187	37:40.54
18. Shawn Eakins	M46	York PA	0	199	38:23.36
19. Charles Moore	M47	York PA	0	210	39:06.73
20. Phil Meyers	M48	York, PA	0	228	41:04.34

45-49 Master Women B

1. Kimberly Anderson	F48	Dillsburg PA	10	60	28:59.50
2. Anne Helsabeck	F46	York PA	9	103	32:06.09
3. Chris Snyder	F49	Harrisburg PA	8	113	32:31.73
4. Katie Raezer	F45	Newburg PA	7	164	36:10.95
5. Jane Snyder	F46	York PA	6	175	36:50.49

Award Winner	XAge	HomeTown	Pts	PI	Time
6. Lisa Reilly	F48	York PA	5	191	37:48.39
7. Allison Schucker	F45	Lancaster PA	4	195	37:58.68
8. Renee DiPilla	F48	Quarryville PA	3	206	38:47.52
9. Grace Julian	F48	Washington Boro P	2	255	43:34.64
10. Tammy Rivera	F48	Parkton MD	1	268	46:17.78
11. Patricia Motter	F47	Lancaster PA	0	276	48:23.56

50-54 Senior Men A

1. Greg Cauller	M54	York PA	10	6	24:32.80
2. James Rayburn	M52	York PA	9	15	25:52.11
3. John Goodling	M51	York PA	8	33	27:26.59
4. Jim Roche	M52	Lancaster PA	7	42	27:53.95
5. Dave Rizzardo	M53	Jacobus PA	6	52	28:24.40
6. Todd Rose	M52	York PA	5	64	29:27.56
7. Paul Seitz	M52	Red Lion PA	4	110	32:26.60
8. Bill Stahr	M53	The Plains VA	3	112	32:30.05
9. Craig Snyder	M52	York PA	2	129	33:30.91
10. Michael Wernig	M53	Delta PA	1	131	33:45.25
11. Mark Craver	M52	Spring Grove PA	0	137	34:23.30
12. Carl Spangler	M54	East Petersburg PA	0	157	35:34.14
13. Craig Pepper	M50	Dallastown PA	0	168	36:31.83
14. Douglas Motter	M53	Lancaster PA	0	184	37:06.55
15. Donald Hadley	M53	York PA	0	201	38:24.19
16. Lonn Hess	M53	York PA	0	213	39:34.61
17. Don Lookingbill	M53	York PA	0	219	40:24.82
18. George Johnson	M52	York PA	0	263	44:27.94

50-54 Senior Women A

1. Sue Wright	F54	Harrisburg PA	10	109	32:24.91
2. Suk Geesey	F53	Red Lion PA	9	115	32:34.26
3. Mary Clinton	F50	Wrightsville PA	8	117	32:46.46
4. Jeanette Arnold	F53	Lancaster PA	7	123	33:10.46
5. Petey Bender	F50	Gettysburg PA	6	139	34:26.64
6. Neida Lau	F51	York PA	5	151	35:03.01
7. Kathy Johnson	F53	York PA	4	185	37:29.55
8. Theresa Baker	F50	Mountville PA	3	193	37:55.08
9. Emily Harte	F54	Gettysburg PA	2	196	38:07.98
10. Carolyn Daugherty	F54	York PA	1	197	38:17.34
11. Kathy Miller	F50	York PA	0	223	40:42.74
12. Dawn Persing	F53	BROGUE PA	0	224	40:44.48
13. Wanda Poff	F54	York PA	0	233	41:39.38
14. Connie Carrasco	F52	Hershey PA	0	246	42:41.40

Award Winner	XAge	HomeTown	Pts	PI	Time
15. Deborah Schneider	F50	Harrisburg PA	0	253	43:20.37
16. Karen Trout	F50	Red Lion PA	0	256	43:38.95
17. Sue Hallett	F54	Dover PA	0	269	46:37.23

55-59 Senior Women B

1. Vicki Cluck	F56	York PA	10	104	32:11.11
2. Kaye Mede	F57	Lancaster PA	9	172	36:44.95
3. Leslie Eby	F58	York PA	8	212	39:22.77
4. Sara Raffensberger	F57	York PA	7	226	40:54.14
5. Joy Biser	F57	Felton PA	6	235	41:43.01
6. Jean Becker	F56	Ephrata PA	5	270	46:55.27
7. Stacy Robinson	F57	York PA	4	280	49:55.96
8. Anh Wright	F59	Biglerville PA	3	283	50:42.79
9. Cyndy Glosenger	F56	Red Lion PA	2	288	56:11.74
10. Pamela Repsher	F56	York PA	1	289	56:27.48

55-59 Senior Men B

1. John Crosset	M57	York PA	10	80	30:49.49
2. Roger Miller	M58	York PA	9	93	31:38.80
3. Steven Gantz	M57	York PA	8	121	33:04.76
4. Brad Mummert	M57	York PA	7	132	33:49.28
5. Bruce Glosenger	M55	Windsor PA	6	135	34:20.76
6. David Mohan	M55	Stewartstown PA	5	178	36:53.08
7. Bill Gable	M59	Boiling Springs PA	4	209	39:00.96
8. Randy Zepp	M58	York PA	3	225	40:52.65
9. Thomas Leckrone	M56	Dover PA	2	245	42:39.85
10. Bob Hinckley	M55	Loganville PA	1	251	43:14.75
11. Jeff Summers	M59	York PA	0	265	45:00.38
12. Wendell King	M57	York PA	0	271	47:48.77

60-64 Senior Women C

1. Pamela Goodling	F60	York PA	10	166	36:23.64
2. Rose Ward	F62	Columbia PA	9	274	48:15.24

60-64 Senior Men C

1. Joe Kuhns	M63	Lancaster PA	10	95	31:45.43
2. Craig Kindig	M60	Dover PA	9	146	34:42.54
3. Sam Neff	M63	Red Lion PA	8	173	36:47.17
4. James Meyers	M63	York Haven PA	7	215	40:08.15
5. Bill Andrew	M64	Dover PA	6	238	41:55.91

65-69 Senior Men D

1. Les Bell	M66	York PA	10	86	31:14.59
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Award Winner	XAge	HomeTown	Pts	PI	Time
2. Armand Meyer	M65	York PA	9	91	31:35.34
3. Albert Kurtz	M66	Dover PA	8	154	35:18.60
4. Hal Darr	M65	York PA	7	192	37:49.54
5. Jack Goodwin	M66	York PA	6	250	43:10.37
6. Elwood Fitzgerald	M67	York PA	5	287	55:34.69
70+ Senior Men E					
1. Milton Bushey	M71	York PA	10	181	36:57.91