

Race Awards for Spring Valley 4 Miler 12/2/2012 Spring Valley 4 Miler

| Award Winner | XAge | HomeTown | Pts | PI | Time |
|------------------------------|------|-------------------|-----|-----|----------|
| Run | | | | | |
| 1-13 Sub Junior Women | | | | | |
| 1. Emily Neff | F11 | Etters PA | 10 | 176 | 39:02.11 |
| 2. Carleigh Roche | F11 | Lancaster PA | 9 | 188 | 40:50.55 |
| 3. Ava Becker | F10 | Wrightsville PA | 8 | 241 | 48:21.19 |
| 4. Paxton Becker | F12 | Wrightsville PA | 7 | 242 | 48:23.15 |
| 1-13 Sub Junior Men | | | | | |
| 1. Peter Wagner | M13 | York PA | 10 | 16 | 26:32.77 |
| 2. Jackson Deppen | M10 | Wrightsville PA | 9 | 38 | 29:03.07 |
| 3. Isaiah Marsteller | M11 | Stewartstown PA | 8 | 63 | 30:44.89 |
| 4. Shawn Neff | M12 | Etters PA | 7 | 74 | 31:50.61 |
| 5. Matt Julian | M12 | Washington Boro P | 6 | 95 | 33:28.84 |
| 6. Ethan Shaw | M12 | Etters PA | 5 | 112 | 34:03.84 |
| 7. Eric Wilkinson | M12 | New Cumberland P | 4 | 187 | 40:47.80 |
| 8. Michael Tencariu | M9 | York PA | 3 | 232 | 46:19.49 |
| 14-18 Junior Men | | | | | |
| 1. Patrick Reilly | M16 | York PA | 10 | 1 | 22:57.06 |
| 2. Andrew Erickson | M17 | Stewartstown PA | 9 | 7 | 25:52.84 |
| 3. Danty Pagan | M15 | Dover PA | 8 | 8 | 26:00.39 |
| 4. Gabriel Lloyd | M15 | Dover PA | 7 | 19 | 26:52.08 |
| 5. Adam Saubel | M16 | Glen Rock PA | 6 | 24 | 27:15.31 |
| 6. Beau Ambrose | M15 | Dover PA | 5 | 29 | 27:36.40 |
| 7. Erik Friedland | M15 | York PA | 4 | 36 | 28:46.01 |
| 8. Marty Rexroth II | M14 | York PA | 3 | 43 | 29:40.17 |
| 9. Andrew Daddario | M15 | Dover PA | 2 | 46 | 29:53.44 |
| 10. Nick Sorah | M15 | Lewisberry PA | 1 | 50 | 30:11.26 |
| 11. Andrew Wilkinson | M15 | New Cumberland P | 0 | 70 | 31:27.04 |
| 12. Benjamin Anderson | M16 | Dillsburg PA | 0 | 119 | 34:40.30 |
| 13. Nicolas Destevens | M16 | York PA | 0 | 120 | 34:46.05 |
| 14. Patterson Deppen | M16 | Wrightsville PA | 0 | 240 | 48:15.38 |
| 14-18 Junior Women | | | | | |
| 1. Taylour Mauro | F17 | York PA | 10 | 34 | 28:22.86 |
| 2. Brooke Buzynski | F14 | York PA | 9 | 47 | 30:02.02 |
| 3. Ashley Wilt | F18 | Seven Valleys PA | 8 | 87 | 33:05.26 |
| 4. Claudine Godfrey | F17 | Dover PA | 7 | 101 | 33:41.28 |

| Award Winner | XAge | HomeTown | Pts | PI | Time |
|---------------------|------|-----------------|-----|-----|----------|
| 5. Meagan Craver | F17 | Spring Grove PA | 6 | 104 | 33:44.25 |
| 6. Olivia Hogue | F14 | Emigsville PA | 5 | 131 | 35:57.54 |
| 7. Rachel Deppen | F15 | Wrightsville PA | 4 | 169 | 38:27.70 |
| 8. Victoria Fanucci | F14 | York PA | 3 | 250 | 51:26.55 |

19-24 Open Women A

| | | | | | |
|---------------------|-----|---------|----|-----|----------|
| 1. Tuesday Wilson | F21 | York PA | 10 | 28 | 27:34.32 |
| 2. Whitney Timcheck | F24 | | 9 | 204 | 42:45.53 |

19-24 Open Men A

| | | | | | |
|------------------|-----|-----------------|----|-----|----------|
| 1. Daniel Starr | M19 | Stewartstown PA | 10 | 6 | 25:25.95 |
| 2. Eric Miller | M21 | York PA | 9 | 23 | 27:12.61 |
| 3. James Rackson | M24 | York PA | 8 | 214 | 44:10.06 |

25-29 Open Women B

| | | | | | |
|--------------------------|-----|------------------|----|-----|----------|
| 1. Charlene Smith | F29 | Mt Joy PA | 10 | 15 | 26:29.53 |
| 2. Katelynn Strittmatter | F27 | York PA | 9 | 44 | 29:42.78 |
| 3. Nicole Blascovich | F27 | New Cumberland P | 8 | 64 | 30:47.49 |
| 4. Erin Langione | F26 | York PA | 7 | 93 | 33:24.24 |
| 5. Jennifer Kelley | F28 | Wrightsville PA | 6 | 114 | 34:14.90 |
| 6. Kimberly Heim | F26 | Dover PA | 5 | 126 | 35:29.28 |
| 7. Julia Sahd | F27 | Lancaster PA | 4 | 133 | 36:09.92 |
| 8. Rebecca Harne | F26 | York PA | 3 | 139 | 36:18.14 |
| 9. Jess Black | F26 | Elizabethtown PA | 2 | 163 | 38:04.15 |
| 10. Jenna Koslosky | F28 | York PA | 1 | 185 | 40:41.01 |
| 11. Jessica Culton | F27 | York PA | 0 | 186 | 40:42.27 |
| 12. Heather Callaghan | F29 | Dover PA | 0 | 215 | 44:13.14 |
| 13. Jeannine Medon | F25 | Lancaster PA | 0 | 223 | 44:49.60 |
| 14. Andrea Wesner | F28 | York PA | 0 | 231 | 46:11.41 |
| 15. Abigail Thompson | F28 | York PA | 0 | 246 | 49:12.64 |

25-29 Open Men B

| | | | | | |
|------------------------|-----|---------------|----|-----|----------|
| 1. Brian Waters | M29 | Harrisburg PA | 10 | 2 | 23:11.20 |
| 2. Andrew Strittmatter | M26 | York PA | 9 | 17 | 26:35.58 |
| 3. Denny Daugherty | M29 | York PA | 8 | 60 | 30:36.71 |
| 4. Jeffrey Heim | M27 | Dover PA | 7 | 75 | 32:01.17 |
| 5. Ashwin Chandramouli | M25 | York PA | 6 | 86 | 33:01.64 |
| 6. John Frey | M25 | York PA | 5 | 94 | 33:26.94 |
| 7. Jeffery Thompson | M28 | York PA | 4 | 99 | 33:33.31 |
| 8. Joseph Bentz | M25 | York PA | 3 | 156 | 37:26.87 |
| 9. Daniel Topper | M29 | York PA | 2 | 193 | 41:12.39 |

| Award Winner | XAge | HomeTown | Pts | PI | Time |
|---------------------------------|------|-----------------|-----|-----|-------------|
| 30-34 Sub Master Women A | | | | | |
| 1. Katie Lacks | F34 | Dover PA | 10 | 66 | 30:57.17 |
| 2. Sherry Riley | F34 | York Springs PA | 9 | 73 | 31:43.12 |
| 3. Angie Hardenbrook | F30 | Stewartstown PA | 8 | 91 | 33:20.25 |
| 4. Heather Roe | F33 | York PA | 7 | 141 | 36:24.85 |
| 5. Robin Vincent | F32 | Manheim PA | 6 | 144 | 36:31.70 |
| 6. Christina Dehoff | F32 | Dover PA | 5 | 165 | 38:16.96 |
| 7. Dawn Letner | F32 | Dillsburg PA | 4 | 197 | 42:02.24 |
| 8. Kimberly Brandt | F31 | York PA | 3 | 201 | 42:29.74 |
| 9. Sarah Rodenburgh | F32 | Red Lion PA | 2 | 202 | 42:34.14 |
| 10. Alesha Smith | F30 | York PA | 1 | 209 | 43:03.55 |
| 11. Nicole Stocker | F31 | York PA | 0 | 210 | 43:50.35 |
| 12. Liz Charleston | F33 | Dover PA | 0 | 226 | 44:53.59 |
| 13. Julie Decarlo | F32 | Dover PA | 0 | 229 | 45:10.65 |
| 14. Abigale Koontz | F30 | Manchester PA | 0 | 239 | 47:55.15 |
| 15. Angela Staples | F33 | Dover PA | 0 | 249 | 50:27.88 |
| 30-34 Sub Master Men A | | | | | |
| 1. Joshua Jamison | M34 | York PA | 10 | 5 | 24:59.64 |
| 2. David Lynch | M31 | York PA | 9 | 9 | 26:01.88 |
| 3. Chad Smith | M34 | Mt Joy PA | 8 | 21 | 27:02.56 |
| 4. Donald Emig | M34 | Thomasville PA | 7 | 32 | 28:04.34 |
| 5. Thomas Renner | M33 | Etters PA | 6 | 56 | 30:30.21 |
| 6. Neal Barnaba | M34 | Spring Grove PA | 5 | 69 | 31:18.88 |
| 7. Jason Nordell | M32 | York PA | 4 | 147 | 36:51.98 |
| 8. Andrew Campbell | M30 | York PA | 3 | 170 | 38:29.77 |
| 9. Byron Wolf | M33 | York PA | 2 | 208 | 43:02.14 |
| 10. Brett Callaghan | M30 | Dover PA | 1 | 216 | 44:14.90 |
| 11. Jeremy Gruver | M33 | Dover PA | 0 | 257 | 01:06:26.66 |
| 35-39 Sub Master Men B | | | | | |
| 1. Joe Klinedinst | M36 | Glen Rock PA | 10 | 3 | 24:30.40 |
| 2. Ryan Myers | M36 | York PA | 9 | 4 | 24:40.25 |
| 3. Matt Neff | M39 | Etters PA | 8 | 10 | 26:03.59 |
| 4. Justin Bucks | M35 | York PA | 7 | 12 | 26:10.14 |
| 5. Andrew Schorr | M37 | York PA | 6 | 14 | 26:24.41 |
| 6. Timothy Beaver | M37 | York PA | 5 | 25 | 27:16.97 |
| 7. Mark Landis | M38 | Dover PA | 4 | 30 | 27:38.14 |
| 8. Jamie Rittenhouse | M38 | Wrightsville PA | 3 | 31 | 27:54.01 |
| 9. Mat Creacraft | M37 | Delta PA | 2 | 42 | 29:37.94 |
| 10. Jason Lane | M36 | Camp Hill PA | 1 | 49 | 30:09.19 |

| Award Winner | XAge | HomeTown | Pts | PI | Time |
|------------------------|------|-----------------|-----|-----|----------|
| 11. James Sipe | M38 | Wrightsville PA | 0 | 71 | 31:28.67 |
| 12. Jared Bean | M37 | York PA | 0 | 83 | 32:47.48 |
| 13. Dwayne Malone | M36 | York PA | 0 | 84 | 32:51.38 |
| 14. Matt Dahr | M39 | Lancaster PA | 0 | 98 | 33:30.61 |
| 15. Brent Graybill | M36 | York PA | 0 | 111 | 33:57.85 |
| 16. Kevin Brady | M38 | Perry Hall MD | 0 | 134 | 36:11.19 |
| 17. Nathaniel Carlisle | M37 | Glenarm MD | 0 | 136 | 36:14.04 |
| 18. Joe Feister | M39 | Lancaster PA | 0 | 143 | 36:30.30 |
| 19. Matt Hirn | M38 | York PA | 0 | 175 | 38:46.10 |
| 20. Kevin Forry | M38 | Mt. Wolf PA | 0 | 218 | 44:39.49 |
| 21. Florin Tencariu | M38 | York PA | 0 | 233 | 46:21.18 |

35-39 Sub Master Women B

| | | | | | |
|------------------------|-----|------------------|----|-----|-------------|
| 1. Jenny Motway | F37 | York PA | 10 | 39 | 29:07.93 |
| 2. Megan Dodson | F36 | York PA | 9 | 72 | 31:39.42 |
| 3. Brady Crone | F38 | York PA | 8 | 76 | 32:07.31 |
| 4. Amy Sipe | F37 | Wrightsville PA | 7 | 85 | 32:59.34 |
| 5. Staci Rogers | F38 | Mt. Wolf PA | 6 | 118 | 34:31.73 |
| 6. Kym Belongia | F38 | Lancaster PA | 5 | 121 | 34:54.94 |
| 7. Maddi Dimarco-Beard | F35 | York PA | 4 | 123 | 35:06.49 |
| 8. Amy Roberts | F37 | York PA | 3 | 128 | 35:33.16 |
| 9. Mindy Noll | F39 | York PA | 2 | 130 | 35:37.04 |
| 10. Michelle Hiscox | F35 | York PA | 1 | 138 | 36:17.58 |
| 11. Yvonne Hare | F37 | York PA | 0 | 150 | 36:56.21 |
| 12. Michelle Salony | F35 | York PA | 0 | 166 | 38:19.34 |
| 13. Heather Bean | F37 | York PA | 0 | 177 | 39:04.34 |
| 14. Kimberly Tate | F38 | York PA | 0 | 182 | 39:59.74 |
| 15. Melissa Baker | F36 | Lancaster PA | 0 | 194 | 41:28.08 |
| 16. Shanna Christensen | F37 | York PA | 0 | 199 | 42:14.44 |
| 17. Jennifer Smith | F39 | Manchester PA | 0 | 206 | 42:47.90 |
| 18. Stacie Gault | F36 | Mt. Wolf PA | 0 | 207 | 42:48.95 |
| 19. Heather Forry | F37 | Mt. Wolf PA | 0 | 219 | 44:40.95 |
| 20. Stephanie Fulton | F36 | | 0 | 220 | 44:41.64 |
| 21. Kristi Friend | F35 | Shrewsbury PA | 0 | 221 | 44:42.26 |
| 22. Kelly Monaghan | F36 | Elizabethtown PA | 0 | 243 | 48:37.77 |
| 23. Angie Neff | F39 | Etters PA | 0 | 244 | 48:40.57 |
| 24. Amie Fanucci | F37 | York PA | 0 | 251 | 51:40.65 |
| 25. Jessica Deppen | F37 | Wrightsville PA | 0 | 252 | 53:22.24 |
| 26. Cherie Lane | F39 | Camp Hill PA | 0 | 253 | 54:13.06 |
| 27. Jamie Markle | F37 | Dover PA | 0 | 256 | 01:06:25.34 |

| Award Winner | XAge | HomeTown | Pts | PI | Time |
|---------------------------|------|------------------|-----|-----|----------|
| 40-44 Master Men A | | | | | |
| 1. Dave Tushingam | M44 | Hanover PA | 10 | 13 | 26:11.40 |
| 2. Adam Coffman | M41 | Dover PA | 9 | 35 | 28:25.30 |
| 3. Rob Bowen | M42 | York PA | 8 | 40 | 29:11.68 |
| 4. Jim Pflieger | M42 | Glen Rock PA | 7 | 41 | 29:30.92 |
| 5. Leo Miller | M43 | Dover PA | 6 | 45 | 29:50.95 |
| 6. Mike Wesley | M43 | Red Lion PA | 5 | 52 | 30:21.91 |
| 7. James Deppen | M43 | Wrightsville PA | 4 | 54 | 30:25.11 |
| 8. Michael Cassidy | M44 | York PA | 3 | 59 | 30:34.71 |
| 9. Randolph Wilkinson | M42 | New Cumberland P | 2 | 78 | 32:28.77 |
| 10. Chip Fissel | M43 | Spring Grove PA | 1 | 96 | 33:29.29 |
| 11. Eric Edgerton | M41 | York PA | 0 | 106 | 33:45.56 |
| 12. George Finch | M41 | York PA | 0 | 115 | 34:16.21 |
| 13. Robert Staub | M41 | Dover PA | 0 | 127 | 35:30.97 |
| 14. Edward Roberts | M40 | York PA | 0 | 129 | 35:34.74 |
| 15. Bart Stump | M42 | York PA | 0 | 148 | 36:53.65 |
| 16. Christian Carlisle | M40 | York PA | 0 | 200 | 42:24.14 |
| 17. Erick Rodenburgh | M41 | Red Lion PA | 0 | 203 | 42:35.97 |

40-44 Master Women A

| | | | | | |
|----------------------|-----|---------------|----|-----|----------|
| 1. Brenda Hodge | F41 | York PA | 10 | 65 | 30:56.00 |
| 2. Michaele Rayburn | F41 | York PA | 9 | 107 | 33:50.64 |
| 3. Rachelle Ambrose | F40 | York PA | 8 | 132 | 36:08.24 |
| 4. Lisa Batdorf | F43 | Mt. Wolf PA | 7 | 155 | 37:13.66 |
| 5. Wendy Ness | F44 | Jacobus PA | 6 | 157 | 37:31.34 |
| 6. Claudia Thune | F40 | York PA | 5 | 158 | 37:31.90 |
| 7. Cynde Main | F43 | Mt. Wolf PA | 4 | 160 | 37:54.86 |
| 8. Kirra Barnes | F42 | York PA | 3 | 164 | 38:07.94 |
| 9. Stephanie Fink | F40 | York PA | 2 | 168 | 38:23.34 |
| 10. Lori Evans | F44 | Manchester PA | 1 | 172 | 38:36.04 |
| 11. Kim Koncsol | F42 | York PA | 0 | 180 | 39:36.50 |
| 12. Leslie Lehman | F42 | York PA | 0 | 183 | 40:18.04 |
| 13. Penny Ayers | F40 | York PA | 0 | 184 | 40:19.37 |
| 14. Deidre Cassidy | F44 | York PA | 0 | 189 | 40:54.26 |
| 15. Rachel Evans | F42 | Manchester PA | 0 | 205 | 42:46.71 |
| 16. Beth Conway | F42 | York PA | 0 | 211 | 43:57.57 |
| 17. Melissa Sebright | F40 | York PA | 0 | 213 | 44:02.69 |
| 18. Susan Amspacher | F43 | Red Lion PA | 0 | 217 | 44:18.59 |
| 19. Francesca Fruci | F44 | York PA | 0 | 225 | 44:52.32 |
| 20. Kari Sorah | F43 | Lewisberry PA | 0 | 228 | 45:08.60 |
| 21. Marie Clark | F42 | Dover PA | 0 | 247 | 49:18.46 |

| Award Winner | XAge | HomeTown | Pts | PI | Time |
|------------------|------|----------|-----|-----|----------|
| 22. Sharon Edgar | F44 | Dover PA | 0 | 254 | 56:15.31 |

45-49 Master Men B

| | | | | | |
|---------------------|-----|------------------|----|-----|----------|
| 1. Brian Friedland | M46 | York PA | 10 | 18 | 26:49.79 |
| 2. Dave Haight | M47 | York PA | 9 | 20 | 27:00.78 |
| 3. Scott Swanson | M47 | | 8 | 37 | 28:49.33 |
| 4. Cary Walton | M45 | York PA | 7 | 53 | 30:23.59 |
| 5. David Tuten | M49 | Glen Rock PA | 6 | 55 | 30:27.06 |
| 6. Kevin Lint | M49 | Seven Valleys PA | 5 | 58 | 30:31.88 |
| 7. Clint Roberts | M45 | York PA | 4 | 80 | 32:40.55 |
| 8. Eric Koehler | M45 | Lancaster PA | 3 | 88 | 33:06.49 |
| 9. Phil Meyers | M47 | York, PA | 2 | 89 | 33:10.77 |
| 10. Kevin Mooney | M45 | York PA | 1 | 109 | 33:54.86 |
| 11. Greg Markiewicz | M47 | Shrewsbury PA | 0 | 124 | 35:08.43 |
| 12. John Brenneman | M48 | York PA | 0 | 125 | 35:15.39 |
| 13. Paul Swarm | M49 | Lancaster PA | 0 | 137 | 36:15.68 |
| 14. Steve Hocker | M47 | York PA | 0 | 142 | 36:28.17 |
| 15. Thomas Nesbitt | M49 | York PA | 0 | 153 | 37:05.27 |
| 16. Eric Axe | M45 | Red Lion PA | 0 | 178 | 39:08.82 |
| 17. Gary Shaw | M46 | Etters PA | 0 | 235 | 46:49.98 |
| 18. Dave Wightman | M48 | Harrisburg PA | 0 | 255 | 59:58.01 |

45-49 Master Women B

| | | | | | |
|----------------------|-----|-------------------|----|-----|----------|
| 1. Kimberly Anderson | F47 | Dillsburg PA | 10 | 82 | 32:44.80 |
| 2. Jacqueline Evans | F45 | Wrightsville PA | 9 | 92 | 33:22.63 |
| 3. Brooke Kabakjian | F45 | Conestoga PA | 8 | 113 | 34:11.59 |
| 4. Mary Clinton | F49 | Wrightsville PA | 7 | 122 | 34:57.86 |
| 5. Lisa Reilly | F47 | York PA | 6 | 140 | 36:19.74 |
| 6. Kathy Miller | F49 | York PA | 5 | 167 | 38:21.64 |
| 7. Jane Snyder | F45 | York PA | 4 | 173 | 38:42.59 |
| 8. Lisa Olmeda | F48 | York PA | 3 | 191 | 41:00.20 |
| 9. Grace Julian | F47 | Washington Boro P | 2 | 195 | 41:52.30 |

50-54 Senior Men A

| | | | | | |
|------------------|-----|-----------------|----|----|----------|
| 1. James Rayburn | M51 | York PA | 10 | 11 | 26:07.46 |
| 2. Jim Roche | M51 | Lancaster PA | 9 | 22 | 27:10.89 |
| 3. John Goodling | M50 | York PA | 8 | 26 | 27:27.19 |
| 4. Scott Ott | M51 | Spring Grove PA | 7 | 27 | 27:32.08 |
| 5. Todd Rose | M51 | York PA | 6 | 51 | 30:13.99 |
| 6. Andras Revesz | M50 | York PA | 5 | 57 | 30:31.05 |
| 7. Mark Ward | M52 | Columbia PA | 4 | 61 | 30:38.52 |
| 8. Paul Seitz | M51 | Red Lion PA | 3 | 62 | 30:42.31 |

| Award Winner | XAge | HomeTown | Pts | PI | Time |
|---------------------|------|-----------------|-----|-----|----------|
| 9. Clint Myers | M52 | York PA | 2 | 67 | 31:08.55 |
| 10. Doug Barnett | M51 | Dallastown PA | 1 | 68 | 31:11.79 |
| 11. Larry Schlaline | M50 | Dallastown PA | 0 | 81 | 32:42.45 |
| 12. Jim Starr | M52 | Stewartstown PA | 0 | 90 | 33:14.74 |
| 13. Michael Wernig | M52 | Delta PA | 0 | 97 | 33:29.87 |
| 14. Mark Craver | M51 | Spring Grove PA | 0 | 105 | 33:44.92 |
| 15. David Reeve | M51 | Spring Grove PA | 0 | 145 | 36:38.70 |
| 16. Kevin Kabakjian | M50 | Conestoga PA | 0 | 149 | 36:55.09 |
| 17. Rene Abel | M52 | Spring Grove PA | 0 | 151 | 36:57.40 |
| 18. Donald Hadley | M52 | | 0 | 159 | 37:48.39 |
| 19. Eric Wolfgang | M53 | York PA | 0 | 161 | 38:01.44 |
| 20. Dwight Hogue | M54 | Emigsville PA | 0 | 171 | 38:34.58 |
| 21. Craig Snyder | M51 | York PA | 0 | 174 | 38:44.45 |
| 22. Steve Miller | M51 | Spring Grove PA | 0 | 179 | 39:16.30 |

50-54 Senior Women A

| | | | | | |
|----------------------|-----|-----------------|----|-----|----------|
| 1. Suk Geesey | F52 | Red Lion PA | 10 | 100 | 33:36.46 |
| 2. Anita Hartman | F52 | Spring Grove PA | 9 | 103 | 33:43.71 |
| 3. Sue Evans | F50 | York PA | 8 | 146 | 36:40.07 |
| 4. Carolyn Daugherty | F53 | York PA | 7 | 181 | 39:42.50 |
| 5. Mary Dalpezzo | F50 | York PA | 6 | 196 | 41:54.72 |
| 6. Wanda Poff | F53 | York PA | 5 | 212 | 44:00.30 |
| 7. Suzette Destevens | F52 | York PA | 4 | 222 | 44:48.30 |
| 8. Sharon Witmer | F53 | Dover PA | 3 | 224 | 44:50.85 |
| 9. Sue Hallett | F53 | Dover PA | 2 | 230 | 45:20.60 |

55-59 Senior Women B

| | | | | | |
|--------------|-----|-----------------|----|-----|----------|
| 1. Kim Lentz | F55 | Wrightsville PA | 10 | 190 | 40:58.76 |
|--------------|-----|-----------------|----|-----|----------|

55-59 Senior Men B

| | | | | | |
|------------------|-----|-----------------|----|-----|----------|
| 1. John Crosset | M56 | York PA | 10 | 33 | 28:18.51 |
| 2. Keith Hassler | M57 | Wrightsville PA | 9 | 108 | 33:53.65 |
| 3. Clyde Vedder | M57 | York PA | 8 | 110 | 33:55.54 |
| 4. Brad Mummert | M56 | York PA | 7 | 117 | 34:28.44 |
| 5. Craig Kindig | M59 | Dover PA | 6 | 135 | 36:12.50 |
| 6. Chuck Blouse | M59 | York PA | 5 | 192 | 41:01.50 |
| 7. Wendell King | M56 | York PA | 4 | 227 | 44:59.57 |

60-64 Senior Women C

| | | | | | |
|----------------|-----|-------------|----|-----|----------|
| 1. Rose Ward | F61 | Columbia PA | 10 | 234 | 46:25.26 |
| 2. Linda Arvey | F62 | Etters PA | 9 | 248 | 49:20.02 |

| Award Winner | XAge | HomeTown | Pts | PI | Time |
|---------------------------|------|-----------------|-----|-----|----------|
| 60-64 Senior Men C | | | | | |
| 1. Sil Simpson | M62 | Lancaster PA | 10 | 79 | 32:30.29 |
| 2. John Lefko | M63 | Stewartstown PA | 9 | 116 | 34:23.88 |
| 3. Hal Darr | M64 | York PA | 8 | 162 | 38:02.88 |
| 4. Gary Stern | M61 | Gap PA | 7 | 238 | 47:49.95 |
| 5. Tim Couch | M60 | Dallastown PA | 6 | 245 | 48:49.47 |
| 65-69 Senior Men D | | | | | |
| 1. Bill Doherty | M67 | Lancaster PA | 10 | 48 | 30:05.35 |
| 2. Edward Lecates | M67 | York PA | 9 | 77 | 32:22.56 |
| 3. Steve Farrah | M67 | Lancaster PA | 8 | 102 | 33:42.61 |
| 4. Russell McKnight | M65 | York PA | 7 | 152 | 37:00.14 |
| 5. George Williams | M65 | Dover PA | 6 | 198 | 42:08.55 |
| 6. Philip Shar | M69 | York PA | 5 | 236 | 46:57.82 |
| 7. Al Arvey | M66 | Etters PA | 4 | 237 | 47:44.84 |
| 70+ Senior Men E | | | | | |
| 1. Milton Bushey | M70 | York PA | 10 | 154 | 37:07.92 |